



THE AMERICAN SCHOOL IN ENGLAND
ACADEMIC TRAVEL PROGRAM

Senior Humanities & TOK Trip
Groups 1A & 1B
Athens & Crete
Sat 12 – Thu 17 October 2019



Day 1 **Saturday, 12 October 2019**



We depart London Heathrow airport on our flight to Athens. The center of the economic, political and cultural life of Greece, birthplace of great artists and philosophers of antiquity, **Athens** played an essential role in the development of democracy, and there is no place like Athens to take a trip up the ancient Greek cultures and immerse ourselves in the magic of the great temples and majestic constructions that stand the test of time. From the hotel, we **hike up to Lycabettus Hill** for the perfect views of this ancient city. In the evening we discover traditional

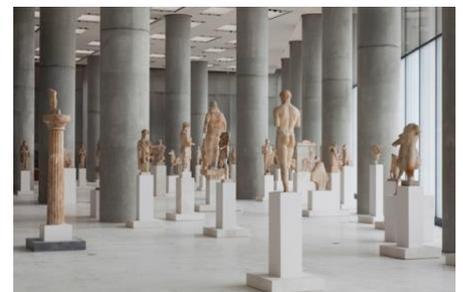
and local ingredients in our **hands-on cooking class** where we will prepare and enjoy our dinner. Overnight Athens.

Day 2 **Sunday, 13 October 2019**



Today we discover the **Acropolis**, the most famous part of Athens without missing the Parthenon, the Propylaea, the Erechtheum and the Temple of Ateneia Nike. We also stop by the Theater of Dionysus, which was built in the 6th century BC and has a capacity for 17,000 spectators. Lunch and shopping will be enjoyed in the

Monastiraki area, one of the best places to taste something authentic. Today we will also visit the **New Acropolis Museum** that houses ancient Greek statues and artefacts. Dinner and overnight Athens.





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Day 3 Monday, 14 October 2019



We start the day with a visit to the **National Archaeological Museum**, one of the most important museums in the world, which hosts a collection that boasts finds from all parts of the Greek world. We continue this history filled day with a trip to the **Temple of Poseidon in Sounio**, where, according to mythology, the king of Athens, Aegeus, leapt to his death, giving his



name to the Aegean Sea. Tonight, we embark on an **overnight ferry** journey from Piraeus to Heraklion, on the island of Crete with an on-board dinner. Overnight ferry.

Day 4 Tuesday, 15 October 2019



Welcome to **Crete**, birthplace of the first European civilization, the Minoans, who were highly advanced for their time, erected complex building campuses, and had the biggest and most impressive fleet. In the morning we visit the ruins of the legendary **King Minos' Palace at Knossos** and the **Archaeological**



Museum of Heraklion that contains the most notable and complete collection of artefacts of the Minoan civilization of Crete, like the Bull's head rhyton, the goddesses of the snakes and the disc of Phaistos. After time at leisure for lunch, we travel to **Chania** where we will enjoy a delicious meal and have a restful night. Overnight Chania.

Day 5 Wednesday, 16 October 2019



We continue our exploration of the island of Crete with a thrilling **hike of Imbros Gorge**. The walk is not particularly strenuous and can be completed in 2-3 hours. The scenery is stunning with spectacular sections like narrow passages. The gorge widens a little and we get to the village of Komitades where we will eat lunch at a traditional

taverna. To freshen up, we get a chance to **swim at the picturesque Frangokastello beach**. In the evening we travel to Hersonissos where dinner will be served in a traditional restaurant with **live music and Greek dancing**. Overnight Heraklion.

Day 6 Thursday, 17 October 2019

Before saying goodbye, we find out the secret of the Mediterranean cuisine, olive oil, in an oil making demonstration and tasting in Koronekes, of the biggest **olive groves** in Crete. Afterwards we transfer to Heraklion airport for our flight back to London Gatwick.



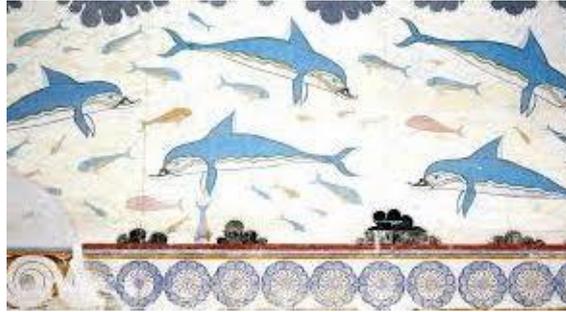
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This itinerary may change due to weather, opening hours, local conditions and the needs of the group.



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ACADEMIC TRAVEL PROGRAM

Senior Humanities & TOK Trip
Groups 2A & 2B
Crete & Athens
Sat 12 – Thu 17 October 2019



Day 1 Saturday, 12 October 2019

We depart London Gatwick airport and arrive in **Heraklion, Crete** in the early evening. The birthplace of the first European civilization, the Minoans, highly advanced for their time, erected complex building campuses, and had the most impressive fleet, making this an island full of archaeological treasures. We arrive on the island just in time for a traditional Cretan dinner in a local restaurant. Overnight Heraklion, Crete.



Day 2 Sunday, 13 October 2019



Today we visit the ruins of the legendary **King Minos' Palace** at **Knossos** and the **Archaeological Museum of Heraklion** that contains the most notable and complete collection of artefacts of the Minoan civilization of Crete, like the Bull's head Rhyton, the Goddess of the Snakes and the Disc of Phaistos. In the afternoon we find out the secret of Mediterranean cuisine, olive oil, in an oil making demonstration and tasting in one of the biggest **olive groves**



in Crete, Koronekes. After this experience, we travel to Chania where we enjoy a delicious meal and have a restful night. Overnight Chania, Crete.





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Day 3 Monday, 14 October 2019



We continue the exploration of Crete with a thrilling **hike through Imbros Gorge**. The walk is not particularly strenuous and can be completed in 2-3 hours. The scenery is stunning with spectacular sections like narrow passages. After the gorge widens a little we get to the village of **Komitades** where we will eat lunch at a taverna overlooking the sea. To freshen up, we get a chance to **swim at** the picturesque **Frangokastello beach**. In the evening we travel to **Kalyves** where dinner will be served in a restaurant with **Greek live music and dancing**. After dinner we take a short coach transfer to Chania from where we will embark on an **overnight ferry to Piraeus, Athens**. Overnight ferry.

Day 4 Tuesday, 15 October 2019

Welcome to **Athens**, the centre of the economic, political and cultural life of Greece, the birthplace of great artists and philosophers, and the cradle of democracy. We start with a visit to the



National Archaeological Museum, one of the most important museums in the world, that boasts finds from all parts of the Greek world. We continue this history filled day with a trip to the **Temple of Poseidon in Sounio**, where, according to mythology the king of

Athens, Aegeus, leapt to his death, giving his name to the Aegean Sea. In the evening we enjoy a traditional Greek meal in a local restaurant. Overnight Athens.



Day 5 Wednesday, 16 October 2019



Today we discover the **Acropolis**, the most famous part of Athens without missing the Parthenon, the Propylaea, the Erechtheum and the Temple of Ateneia Nike. We also stop by the Theater of Dionysus which has a capacity for 17,000 spectators. Lunch and shopping will be enjoyed in the **Monastiraki area**, one of the best places

to taste something authentic. We also visit the **New Acropolis Museum**. In the evening we discover traditional and local ingredients in a **hands-on Greek cooking class** where you will prepare and enjoy your dinner. Overnight Athens.



Day 6 Thursday, 17 October 2019

To saying goodbye to Greece, we **hike up to Lycabettus Hill**, the perfect viewpoint for this ancient city before transferring to Athens airport for our flight home to London Heathrow.



This itinerary may change due to weather, opening hours, local conditions and the needs of the group.