



THE DUKE OF EDINBURGH'S AWARD

www.DofE.org

Bronze & Silver DofE Award at TASIS England

Leadership, teamwork, outdoor skills, planning, participation

4 categories of participation –

Service – volunteering in the school community or local community

Physical – engage in a physical activity; an organized sport or a regular workout routine

Skill – learn a new skill; music lessons or any other activity outside of regular instruction

Expedition – 2 hiking and camping trips, a practice trip and an assessed trip

The DofE candidates choose what to participate in for Service, Physical and Skill. They choose the length of participation, 3 months or 6 months (once a week for an hour). Candidates will be supervised by an Assessor, at the end of the participation, the Assessor will acknowledge the completion with a short report.

The DofE School Organization will prepare and train the DofE Candidates for the skills needed to be successful on the Expeditions.

There are TWO OPTIONS for complete training before the award assessed expedition, in spring 2020. Chose only one:

October Trip, 12th – 17th October. Llangorse, Wales

- Sign up on the school website

After School Activity in Season 1, Tu & Th 3:30 to 5:00

- Sign up when we return to school in August

Once you have completed one of those trainings you will have to **prepare your Spring trips:**

You will meet your team (you can use Mr Garrido or Mr Holdman class, or any other agreed location) to prepare your *route Cards, meal Planning and expedition aim & objectives*

Practice Expedition: Silver 27/28/29 Mar, Bronze 28/29 Mar 2020

Assessed Expedition: Silver 24/25/26 Apr, Bronze 25/26 Apr 2020

If you have any further questions, please contact

Juan Miguel Garrido – jmgarrido@tasisengland.org

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TASIS October Trip Program

Objectives:

1. Deliver DofE Bronze Expedition Training Framework
2. Bronze National Navigation Award Scheme – additional accreditation
3. Introduce and immerse the group into the Brecon Beacons and its legends
4. Promote safe, enjoyable and respectful use of the outdoors

Schedule and activities *:

Day 1.

Travel, welcoming and site info
Evening meal and introduction to training week
Overnight in the bunkhouse

Day 2.

Breakfast
Training 1: Navigation and map reading skills
Hill walk-navigation practice
Training 2: First aid and emergency procedures
Overnight in the bunkhouse

Day 3.

Breakfast
Training 3: Camp craft and cooking
Training 4: Equipment and rucksack packing
Overnight in the bunkhouse

Day 4.

Breakfast
Expedition food shopping – plan the meals and shop on a budget
Plan a mini project

Day 5.

Pre-expedition kit checks and route plans
Mini- expedition
Overnight – Camping

Day 6.

Mini- expedition
Travel back to TASIS

Evening activities

- Bronze NNAS theory
- Route-cards/ route planning and organization
- Mountain rescue base visit
- Night Navigation
- Stargazin



* The order of the activities may be modified according to the ongoing circumstances